

Session 5 Guide



Use these questions to talk to your child about the message of 1 Peter. Then consider taking the So What? challenge to incorporate this session’s message into your own life alongside your child’s.

Read Again

1 Peter 1:22-25

“You have been born again. This new life did not come from something that dies, but from something that cannot die. You were born again through God’s living message that continues forever.”

(1 Peter 1:23, ICB)

1. **Peter says we should become “pure.” How does that happen?** (We move away from a selfish way of living and towards a new way based on love.)
2. **Peter also says we should be “born again.” What does that mean?** (We have a new life. We take off the old self and put on the new self.)
3. **This “new life” comes in two different ways. What’s the first way?** (When we follow Jesus, we immediately have new relationships with God. We are now his children.)
4. **What’s the second way?** (We’re also made new from the inside out, as the Holy Spirit helps us change our habits from bad to good.)
5. **Why do you think it’s hard to stop being selfish? Do you think God can help?**

So What?

For Toddlers

Look at a picture together from the day your child was born. Explain that the baby in the picture is your child, and that was the day they were born into the world.

For Grade Schoolers

Discuss what it means to have a relationship with God. Ask your child what his or her relationship with God is like. What do they talk about? What does God speak to your child about? Share with your child about your own relationship with God. Then talk about how each of you could keep growing in your relationship with God (prayer, reading Scripture, listening).

For You

Pray about one area in your life that you’d like to see the Holy Spirit sanctify. Ask Him to change you from the inside out, to remove the sin in this area and make you like Jesus.